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## SEVERE ALLERGY MANAGEMENT PLAN

\_\_\_\_\_ (child's name) is allergic to the following:

\_\_\_\_\_.

**Accidental ingestion or sting could lead to a severe anaphylactic reaction.**

Early signs of anaphylactic reaction include the following symptoms:

<b>Mouth</b>	Itching and swelling of the lips, tongue or mouth
<b>Throat</b>	Itching and/or a sense of tightness in the throat, hoarseness and "hacking" cough
<b>Skin</b>	Hives, itchy rash and/or swelling about the face or extremities
<b>Stomach</b>	Nausea, abdominal cramps, vomiting and/or diarrhea
<b>Lung</b>	Shortness of breath, repetitive coughing and/or wheezing
<b>Heart</b>	Thready pulse, passing out

If an accidental ingestion or insect sting is suspected, give Benadryl liquid or tablets.

The dosage is \_\_\_\_\_ tsp. or \_\_\_\_\_ tabs.

**\*IF ANY THROAT, LUNG OR HEART SYMPTOMS DEVELOP, GIVE EPINEPHRINE \_\_\_\_\_ mg. immediately and transport to the nearest emergency room. May repeat in 5-10 minutes, if needed.**

Notify \_\_\_\_\_ at \_\_\_\_\_ of the reaction.

Dr. \_\_\_\_\_ may also be called at \_\_\_\_\_ regarding the reaction and/or any questions.

**Do not hesitate to administer medication or take the child to an emergency room.**

\_\_\_\_\_, M.D.  
Physician's Signature

\_\_\_\_\_  
Parent/Guardian Signature

Date \_\_\_\_\_

04/25/2018