

ASTHMA MANAGEMENT PLAN

CHILD'S NAME _____

AGE _____

Daily Medication Plan

Name of medication	Amount given	Time given
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Please list any things that you know may **start an asthma episode**:

Please list any **symptoms** that would indicate your child is **having a problem**:

Please list child's **normal peak flow number**: _____

Emergency Procedures

If **peak flow number** falls below _____, please do the following: _____

List medication, dosage and indication for medication below:

Medication	Dosage	When to use
_____	_____	_____
_____	_____	_____
_____	_____	_____

List medications kept at school:

Emergency Contacts

Name _____ Relation to Child _____ Phone _____

Name _____ Relation to Child _____ Phone _____

Doctor _____ Phone _____

Parent/Guardian Signature _____ Date _____

Physician's Signature _____ Date _____